

# Kotak

CRITICAL ILLNESS PLUS  
BENEFIT RIDER





## **KOTAK CRITICAL ILLNESS PLUS BENEFIT RIDER**

Illnesses always come unexpectedly and adversely affect our life and financial situation. With the fast-paced life and change in lifestyle, the chances of anyone getting affected due to severe illness has increased drastically. Recovering from a severe illness or a surgery can be both expensive and time consuming. While we focus on the rising medical costs and treatment, we often overlook the indirect expenses such as paying household bills or loan instalments for your home and vehicle, rehabilitation expenses and alternative therapies.

Kotak Critical Illness Plus Benefit Rider enables you to get the best treatment available and takes care of the indirect expenses while you recover from a critical illness or surgery. The plan provides a lump sum amount in case you are diagnosed with any of the specified critical illness or have undergone any of the surgeries listed below . By opting for Kotak Critical Illness Plus Benefit Rider along with the Base Plan, you can enhance the existing protection available under Base Plan at affordable rates.

## Key Features:

Avail Protection against 37  
Critical Illness

Lump sum Pay-out in case  
diagnosed with any Critical  
Illness

Flexibility to pay premiums  
as per your convenience

Option to select Rider at  
inception or on policy  
anniversary

## Benefit Structure

In the event of the Life Insured being diagnosed with any one of the specified Critical Illnesses subject to terms and conditions, lump sum amount shall be payable to you, provided the Life Insured survives for a period of 30 days following diagnosis of the said Critical Illness. The lump sum amount shall be defined as:

- 100% of Rider Sum Assured shall be payable subject to a maximum of ₹ 5,00,000 in case the Life Insured undergoes Angioplasty. The Rider Benefit shall terminate in case the Rider Sum Assured is less than or equal to ₹ 5,00,000. The Rider Benefit shall continue for the balance Rider Sum Assured for the remaining Critical Illnesses in case the Rider Sum Assured is more than ₹ 5,00,000
- 100% of Rider Sum Assured shall be payable in case diagnosed with any 1 of 36 Critical Illnesses other than Angioplasty

This Rider shall terminate once 100% of the Rider Sum Assured has been paid or on the completion of the Rider Benefit Term, whichever is earlier. The benefit payout shall be over and above the Base Plan Benefit. In the event where the Rider Benefit has been paid out, the Rider Benefit shall cease and the Base Policy shall continue.

### List of Critical Illnesses

|                                                                   |                                                           |
|-------------------------------------------------------------------|-----------------------------------------------------------|
| 1. Cancer of Specified severity                                   | 19. Primary (Idiopathic) Pulmonary Hypertension           |
| 2. Myocardial Infraction (1st Heart Attack of specified severity) | 20. Motor Neuron Disease with Permanent Symptoms          |
| 3. Open Chest CABG                                                | 21. Multiple Sclerosis with Persisting Symptoms           |
| 4. Open Heart Replacement or Repair of Heart Valves               | 22. Angioplasty                                           |
| 5. Kidney Failure Requiring Regular Dialysis                      | 23. Surgery of Aorta                                      |
| 6. Stroke resulting in Permanent Symptoms                         | 24. Apallic Syndrome                                      |
| 7. Major Organ/ Bone Marrow Transplant                            | 25. Loss of Independent Existence                         |
| 8. Permanent Paralysis of limbs                                   | 26. Cardiomyopathy                                        |
| 9. Loss of Limbs                                                  | 27. Brain Surgery                                         |
| 10. Third Degree Burns                                            | 28. Alzheimer's Disease                                   |
| 11. Blindness                                                     | 29. Parkinson's Disease                                   |
| 12. End Stage Liver Failure                                       | 30. Muscular Dystrophy                                    |
| 13. End Stage Lung Failure                                        | 31. Poliomyelitis                                         |
| 14. Coma of Specified Severity                                    | 32. Medullary Cystic Disease                              |
| 15. Major Head Trauma                                             | 33. Systematic lupus Erythematosus with Renal Involvement |
| 16. Benign Brain Tumour                                           | 34. Aplastic Anaemia                                      |
| 17. Deafness                                                      | 35. Bacterial Meningitis                                  |
| 18. Loss of Speech                                                | 36. Encephalitis                                          |
| 37. Fulminant Viral Hepatitis                                     |                                                           |

# Eligibility Criteria

This Rider can be taken on single life basis at inception of the Base Policy or on any subsequent policy anniversary of the Base Policy subject to limits specified below:

| Particulars                        |                        |                               | Limit                                                                                                                                 |                                                        |
|------------------------------------|------------------------|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|
|                                    |                        |                               | Minimum                                                                                                                               | Maximum                                                |
| Entry Age (as on last birthday)    |                        |                               | 18 years                                                                                                                              | 65 years                                               |
| Maturity Age (as on last birthday) |                        |                               | 23 years                                                                                                                              | 75 years                                               |
| Rider Benefit Term                 | Regular Pay            |                               | 5 years                                                                                                                               | 40 years or (75 years – Age at Entry)                  |
|                                    | Limited Pay            |                               | 6 years                                                                                                                               |                                                        |
|                                    | Single Pay             |                               | 5 years                                                                                                                               |                                                        |
| Rider Premium Payment Term         | Regular Pay            |                               | Equal to Benefit Term                                                                                                                 |                                                        |
|                                    | Limited Pay            | Policy Term “75-Age at entry” | 5 / 6 / 7 / 8 / 10 / 12 / 15 / 20 years                                                                                               |                                                        |
|                                    |                        | All others <sup>1</sup>       | Min : 5 years                                                                                                                         | Max : 20 years                                         |
|                                    | Single Pay             |                               | One - time                                                                                                                            |                                                        |
| Rider Premium Payment Mode         |                        |                               | Single / Yearly / Half Yearly / Quarterly / Monthly                                                                                   |                                                        |
| Modal Factors                      |                        |                               | The following modal loadings will be used to calculate the instalment premium in case of Regular and Limited Premium Payment Options: |                                                        |
|                                    |                        |                               |                                                                                                                                       |                                                        |
|                                    |                        |                               | Frequency                                                                                                                             | Modal Factor                                           |
|                                    |                        |                               | Annual                                                                                                                                | 100% of Tabulated Rates                                |
|                                    |                        |                               | Half - Yearly                                                                                                                         | 51% of Yearly Premium                                  |
|                                    |                        |                               | Quarterly                                                                                                                             | 26% of Yearly Premium                                  |
| Monthly                            | 8.8% of Yearly Premium |                               |                                                                                                                                       |                                                        |
|                                    |                        |                               | Mode of the rider premium will be same as that of the base policy.                                                                    |                                                        |
| Rider Sum Assured                  |                        |                               | ₹ 25,000                                                                                                                              | As per Board Approved Underwriting Policy <sup>2</sup> |

<sup>1</sup>Total CI Rider Premiums shall in no case exceed 100% of the premium (including extra premium, if any) payable under the Base Policy under Protection Plans. Total of all Rider Premiums including Kotak Critical Illness Plus Benefit Rider premium taken together should not exceed 30% of the Base Premium under any other plan other than Protection Plan.

This Rider shall not be offered where the outstanding Premium Paying Term under the Base Policy is less than 5 years.

## Tax Benefit

Tax benefits are subject to conditions specified under Section 10(10D) and Section 80D of the Income-tax Act, 1961. Tax laws are subject to amendments from time to time. Customer is advised to take an independent view from tax consultant.

## Terms and Conditions

### A. Benefit payable under this Rider shall be subject to the following conditions:

- This benefit must be in force at the time of the diagnosis of the Critical Illness
- The policy must be in force for at least 90 days from the date of issuance
- This benefit shall only be payable in case the Life Insured survives for a period of at least 30 days post diagnosis of the Critical Illness
- The policyholder writes to the Company, within 30 days from the day the Critical Illness is diagnosed, giving the following details :
  - Date of diagnosis of the Critical Illness
  - Nature and extent of the illness and details thereof, including medical reports & investigations, and the Life Insured's address
  - Life Insured must be willing to be examined by a Medical Examiner nominated by the Company to avail the benefit

### B. Definitions of 37 Critical Illnesses

#### 1. Cancer of specified severity

- I. A malignant tumor characterized by the uncontrolled growth and spread of malignant cells with invasion and destruction of normal tissues. This diagnosis must be supported by histological evidence of malignancy. The term cancer includes leukemia, lymphoma and sarcoma
- II. The following are excluded -
  - All tumours which are histologically described as carcinoma in situ, benign, pre-malignant, borderline malignant, low malignant potential, neoplasm of unknown behavior, or non-invasive, including but not limited to: Carcinoma in situ of breasts, Cervical dysplasia CIN-1, CIN -2 & CIN-3
  - Any non-melanoma skin carcinoma unless there is evidence of metastases to lymph nodes or beyond
  - Malignant melanoma that has not caused invasion beyond the epidermis
  - All tumours of the prostate unless histologically classified as having a Gleason score greater than 6 or having progressed to at least clinical TNM classification T2N0M0
  - All Thyroid cancers histologically classified as T1N0M0 (TNM Classification) or below
  - Chronic lymphocytic leukaemia less than Rai stage 3
  - Non-invasive papillary cancer of the bladder histologically described as TaN0M0 or of a lesser classification

- All Gastro-Intestinal Stromal Tumors histologically classified as T1N0M0 (TNM Classification) or below and with mitotic count of less than or equal to 5/50 HPFs
- All tumours in the presence of HIV infection

## **2. Myocardial Infarction (First Heart Attack - of specified severity)**

- I. The first occurrence of heart attack or myocardial infarction, which means the death of a portion of the heart muscle as a result of inadequate blood supply to the relevant area. The diagnosis for Myocardial Infarction should be evidenced by all of the following criteria:
  - a history of typical clinical symptoms consistent with the diagnosis of Acute Myocardial Infarction (for e.g. typical chest pain)
  - new characteristic electrocardiogram changes
  - elevation of infarction specific enzymes, Troponins or other specific biochemical markers
- II. The following are excluded:
  - Other acute Coronary Syndromes
  - Any type of angina pectoris
  - A rise in cardiac biomarkers or Troponin T or I in absence of overt ischemic heart disease or following an intra-arterial cardiac procedure

## **3. Open Chest CABG**

- I. The actual undergoing of heart surgery to correct blockage or narrowing in one or more coronary artery (s) , by coronary artery bypass grafting done via a sternotomy (cutting through the breast bone) or minimally invasive keyhole coronary artery bypass procedures. The diagnosis must be supported by a coronary angiography and the realization of surgery has to be confirmed by a cardiologist
- II. The following are excluded:
  - Angioplasty and/or any other intra-arterial procedures

## **4. Open Heart Replacement or Repair of Heart Valves**

The actual undergoing of open-heart valve surgery is to replace or repair one or more heart valves, as a consequence of defects in, abnormalities of, or disease-affected cardiac valve(s). The diagnosis of the valve abnormality must be supported by an echocardiography and the realization of surgery has to be confirmed by a specialist medical practitioner. Catheter based techniques including but not limited to, balloon valvotomy / valvuloplasty are excluded.

## **5. Kidney Failure requiring regular dialysis**

End stage renal disease presenting as chronic irreversible failure of both kidneys to function, as a result of which either regular renal dialysis (haemodialysis or peritoneal dialysis) is instituted or renal transplantation is carried out. Diagnosis has to be confirmed by a specialist medical practitioner.

## **6. Stroke resulting in Permanent Symptoms**

- I. Any cerebrovascular incident producing permanent neurological sequelae. This includes infarction of brain tissue, thrombosis in an intracranial vessel, haemorrhage

and embolisation from an extracranial source. Diagnosis has to be confirmed by a specialist medical practitioner and evidenced by typical clinical symptoms as well as typical findings in CT Scan or MRI of the brain. Evidence of permanent neurological deficit lasting for at least 3 months has to be produced

II. The following are excluded:

- Transient ischemic attacks (TIA)
- Traumatic injury of the brain
- Vascular disease affecting only the eye or optic nerve or vestibular functions

## **7. Major Organ/ Bone Marrow Transplant**

I. The actual undergoing of a transplant of:

- One of the following human organs: heart, lung, liver, kidney, pancreas, that resulted from irreversible end-stage failure of the relevant organ, or
- Human bone marrow using haematopoietic stem cells. The undergoing of a transplant has to be confirmed by a specialist medical practitioner

II. The following are excluded:

- Other stem-cell transplants
- Where only islets of langerhans are transplanted

## **8. Permanent Paralysis of Limb**

Total and irreversible loss of use of two or more limbs as a result of injury or disease of the brain or spinal cord. A specialist medical practitioner must be of the opinion that the paralysis will be permanent with no hope of recovery and must be present for more than 3 months

## **9. Loss of Limbs**

The physical separation of two or more limbs, at or above the wrist or ankle level limbs as a result of injury or disease. This will include medically necessary amputation necessitated by injury or disease. The separation has to be permanent without any chance of surgical correction. Loss of Limbs resulting directly or indirectly from self-inflicted injury, alcohol or drug abuse is excluded

## **10. Third Degree Burns**

There must be third degree burns with scarring that cover at least 20% of the body's surface area. The diagnosis must confirm the total area involved using standardized, clinically accepted, body surface area charts covering 20% of the body surface area

## **11. Blindness**

I. Total permanent and irreversible loss of all vision in both eyes as a result of illness or accident.

II. The blindness is evidenced by:

- corrected visual acuity being 3/60 or less in both eyes or ;
- the field of vision being less than 10 degrees in both eyes

III. The diagnosis of blindness must be confirmed and must not be correctable by aids or surgical procedure



## **12. End Stage Liver Failure**

- I. Permanent and irreversible failure of liver function that has resulted in all three of the following:
  - Permanent jaundice and
  - Ascites and
  - Hepatic encephalopathy
- II. Liver disease / failure secondary to drug or alcohol abuse is excluded

## **13. End Stage Lung Failure**

End Stage Lung Disease causing chronic respiratory failure, as confirmed and evidenced by all of the following:

- FEV1 test results consistently less than 1 litre measured on 3 occasions 3 months apart; and
- Requiring continuous permanent supplementary oxygen therapy for hypoxemia; and
- Arterial blood gas analysis with partial oxygen pressures of 55mmHg or less ( $\text{PaO}_2 < 55\text{mmHg}$ ); and
- Dyspnea at rest

## **14. Coma of Specified Severity**

A state of unconsciousness with no reaction or response to external stimuli or internal needs.

This diagnosis must be supported by evidence of all of the following:

- no response to external stimuli continuously for at least 96 hours;
- life support measures are necessary to sustain life; and
- permanent neurological deficit which must be assessed at least 30 days after the onset of the coma

The condition has to be confirmed by a specialist medical practitioner. Coma resulting directly from alcohol or drug abuse is excluded

## **15. Major Head Trauma**

- I. Accidental head injury resulting in permanent neurological deficit to be assessed no sooner than 3 months from the date of the accident. This diagnosis must be supported by unequivocal findings on Magnetic Resonance Imaging, Computerised Tomography, or other reliable imaging techniques. The accident must be caused solely and directly by accidental, violent, external and visible means, independently of all other causes
- II. The accidental head injury must result in an inability to perform at least three (3) of the following Activities of Daily Living (either with or without the use of mechanical equipment, special devices or other aids and adaptations in use for disabled persons). For the purpose of this benefit, the word "permanent" shall mean beyond the scope of recovery with current medical knowledge and technology
- III. The Activities of Daily Living are:
  - Washing: the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means;

- Dressing: the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances;
- Transferring: the ability to move from a bed to an upright chair or wheelchair and vice versa;
- Mobility: the ability to move indoors from room to room on level surfaces;
- Toileting: the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene;
- Feeding: the ability to feed oneself once food has been prepared and made available

IV. The following is excluded:

- Spinal cord injury

## **16. Benign Brain Tumour**

- Benign brain tumor is defined as a life threatening, non-cancerous tumor in the brain, cranial nerves or meninges within the skull. The presence of the underlying tumor must be confirmed by imaging studies such as CT scan or MRI
- This brain tumor must result in at least one of the following and must be confirmed by the relevant medical specialist
  - Permanent Neurological deficit with persisting clinical symptoms for a continuous period of at least 90 consecutive days or
  - Undergone surgical resection or radiation therapy to treat the brain tumor
- The following conditions are excluded:
  - Cysts, Granulomas, malformations in the arteries or veins of the brain, hematomas, abscesses, pituitary tumors, tumors of skull bones and tumors of the spinal cord

## **17. Deafness**

Total and irreversible loss of hearing in both ears as a result of illness or accident. This diagnosis must be supported by pure tone audiogram test and certified by an Ear, Nose and Throat (ENT) specialist. Total means "the loss of hearing to the extent that the loss is greater than 90 decibels across all frequencies of hearing" in both ears.

## **18. Loss of Speech**

Total and irrecoverable loss of the ability to speak as a result of injury or disease to the vocal cords. The inability to speak must be established for a continuous period of 12 months. This diagnosis must be supported by medical evidence furnished by an Ear, Nose, Throat (ENT) specialist. All psychiatric related causes are excluded.

## **19. Primary (Idiopathic) Pulmonary Hypertension**

- An unequivocal diagnosis of Primary (Idiopathic) Pulmonary Hypertension by a Cardiologist or specialist in respiratory medicine with evidence of right ventricular enlargement and the pulmonary artery pressure above 30 mm of Hg on Cardiac Catheterization. There must be permanent irreversible physical impairment to the degree of at least Class IV of the New York Heart Association Classification of cardiac impairment

II. The NYHA Classification of Cardiac Impairment are as follows:

- Class III: Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity causes symptoms
- Class IV: Unable to engage in any physical activity without discomfort. Symptoms may be present even at rest

III. Pulmonary hypertension associated with lung disease, chronic hypoventilation, pulmonary thromboembolic disease, drugs and toxins, diseases of the left side of the heart, congenital heart disease and any secondary cause are specifically excluded

## **20. Motor Neuron Disease with Permanent Symptoms**

Motor neuron disease diagnosed by a specialist medical practitioner as spinal muscular atrophy, progressive bulbar palsy, amyotrophic lateral sclerosis or primary lateral sclerosis. There must be progressive degeneration of corticospinal tracts and anterior horn cells or bulbar efferent neurons. There must be current significant and permanent functional neurological impairment with objective evidence of motor dysfunction that has persisted for a continuous period of at least 3 months.

## **21. Multiple Sclerosis with Persisting Symptoms**

I. The unequivocal diagnosis of Definite Multiple Sclerosis confirmed and evidenced by all of the following:

- investigations including typical MRI findings which unequivocally confirm the diagnosis to be multiple sclerosis and
- there must be current clinical impairment of motor or sensory function, which must have persisted for a continuous period of at least 6 months

II. Other causes of neurological damage such as SLE and HIV are excluded

## **22. Angioplasty\***

I. Coronary Angioplasty is defined as percutaneous coronary intervention by way of balloon angioplasty with or without stenting for treatment of the narrowing or blockage of minimum 50 % of one or more major coronary arteries. The intervention must be determined to be medically necessary by a cardiologist and supported by a coronary angiogram (CAG)

II. Coronary arteries herein refer to left main stem, left anterior descending, circumflex and right coronary artery

III. Diagnostic angiography or investigation procedures without angioplasty/stent insertion are excluded

\*Max payout of Rs 5 Lakhs under this Kotak Critical Illness Plus Rider, shall be made in case the Life Assured has to undergo Angioplasty ; Rider shall continue with the balance Sum Assured, in case the Rider SA is more than 5 Lakhs and shall only be payable in case the Life Assured is diagnosed with any one of the remaining 36 Cis

## **23. Surgery of Aorta**

The actual undergoing of surgery via thoracotomy or laparotomy to repair or correct an aortic aneurysm, an obstruction of the aorta, a coarctation of the aorta or a traumatic rupture of the

aorta. For the purpose of this definition aorta shall mean the thoracic and abdominal aorta but not its branches. There must have been excision and replacement of a portion of diseased aorta with a graft. Stent-grafting is not covered.

#### 24. Apallic Syndrome

Universal necrosis of the brain cortex with the brainstem remaining intact. Diagnosis must be confirmed by a neurologist acceptable to the Company and the condition must be documented for at least one month.

#### 25. Loss of Independent Existence

Confirmation by a consultant physician acceptable to the Company of the loss of independent existence due to illness or trauma, which has lasted for a minimum period of 6 months and results in a permanent inability to perform at least three (3) of the Activities of Daily Living (either with or without the use of mechanical equipment, special devices or other aids and adaptations in use for disabled persons). For the purpose of this benefit, the word "permanent", shall mean beyond the hope of recovery with current medical knowledge and technology.

##### Activities of Daily Living are:-

- **Washing:** the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means
- **Dressing:** the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances
- **Transferring:** the ability to move from a bed to an upright chair or wheelchair and vice versa
- **Mobility:** The ability to move indoors from room to room on level surfaces
- **Toileting:** the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene
- **Feeding:** the ability to feed self once food has been prepared and made available

#### 26. Cardiomyopathy

- I. An impaired function of the heart muscle, unequivocally diagnosed as Cardiomyopathy by a Registered Medical Practitioner who is a cardiologist, and which results in permanent physical impairment to the degree of New York Heart Association classification Class III or Class IV, or its equivalent, based on the following classification criteria:
  - Class III - Marked functional limitation. Affected patients are comfortable at rest but performing activities involving less than ordinary exertion will lead to symptoms of congestive cardiac failure
  - Class IV - Inability to carry out any activity without discomfort. Symptoms of congestive cardiac failure are present even at rest. With any increase in physical activity, discomfort will be experienced
- II. The Diagnosis of Cardiomyopathy has to be supported by echographic findings of compromised ventricular performance. Irrespective of the above, Cardiomyopathy directly related to alcohol or drug abuse is excluded

## 27. Brain Surgery

The actual undergoing of surgery to the brain, under general anaesthesia, during which a Craniotomy is performed. Burr hole and brain surgery as a result of an accident is excluded. The procedure must be considered necessary by a qualified specialist and the benefit shall only be payable once corrective surgery has been carried out.

## 28. Alzheimer's Disease

- I. Deterioration or loss of intellectual capacity as confirmed by clinical evaluation and imaging tests, arising from Alzheimer's Disease or irreversible organic disorders, resulting in significant reduction in mental and social functioning requiring the continuous supervision of the Life Assured. This diagnosis must be supported by the clinical confirmation of an appropriate Registered Medical practitioner who is also a neurologist and supported by the Company's appointed doctor
- II. The following are excluded:
  - Non-organic disease such as neurosis and psychiatric illnesses; and
  - Alcohol-related brain damage
  - Any other type of irreversible organic disorder/dementia

## 29. Parkinson's Disease

- I. Unequivocal Diagnosis of Parkinson's Disease by a Registered Medical Practitioner who is a neurologist where the condition:
  - cannot be controlled with medication;
  - shows signs of progressive impairment; and
  - Activities of Daily Living assessment confirms in a permanent inability to perform at least three (3) of the Activities of Daily Living (either with or without the use of mechanical equipment, special devices or other aids and adaptations in use for disabled persons)
- II. Drug-induced or toxic causes of Parkinson's disease are excluded

### Activities of Daily Living are:-

- **Washing:** the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means
- **Dressing:** the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances
- **Transferring:** the ability to move from a bed to an upright chair or wheelchair and vice versa
- **Mobility:** The ability to move indoors from room to room on level surfaces
- **Toileting:** the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene
- **Feeding:** the ability to feed self once food has been prepared and made available

## 30. Muscular Dystrophy

- I. Diagnosis of muscular dystrophy by a Registered Medical Practitioner who is a neurologist based on three (3) out of four (4) of the following conditions:
  - Family history of other affected individuals;

- Clinical presentation including absence of sensory disturbance, normal cerebro-spinal fluid and mild tendon reflex reduction;
  - Characteristic electromyogram; or
  - Clinical suspicion confirmed by muscle biopsy
- II. The condition must result in the inability to perform at least three (3) of the Activities of Daily Living (either with or without the use of mechanical equipment, special devices or other aids and adaptations in use for disabled persons)

### **31. Poliomyelitis**

The occurrence of Poliomyelitis where the following conditions are met:

- Poliovirus is identified as the cause and is proved by Stool Analysis,
- Paralysis of the limb muscles or respiratory muscles must be present and persist for at least 3 months

### **32. Medullary Cystic Disease**

I. Medullary Cystic Disease where the following criteria are met:

- The presence in the kidney of multiple cysts in the renal medulla accompanied by the presence of tubular atrophy and interstitial fibrosis;
- Clinical manifestations of anaemia, polyuria, and progressive deterioration in kidney function; and
- The Diagnosis of Medullary Cystic Disease is confirmed by renal biopsy

II. Isolated or benign kidney cysts are specifically excluded from this benefit

### **33. Systematic lupus Erythematosus with Renal Involvement**

I. Multi-system, autoimmune disorder characterized by the development of auto-antibodies, directed against various self-antigens. For purposes of the definition of "Critical Illness", SLE is restricted to only those forms of systemic lupus erythematosus, which involve the kidneys and are characterized as Class III, Class IV, Class V or Class VI lupus nephritis under the Abbreviated International Society of Nephrology/Renal Pathology Society (ISN/RPS) classification of lupus nephritis (2003) below based on renal biopsy

II. Other forms such as discoid lupus, and those forms with only hematological and joint involvement are specifically excluded

III. Abbreviated ISN/RPS classification of lupus nephritis (2003):

- Class I - Minimal mesangial lupus nephritis
- Class II - Mesangial proliferative lupus nephritis
- Class III - Focal lupus nephritis
- Class IV - Diffuse segmental (IV-S) or global (IV-G) lupus nephritis
- Class V - Membranous lupus nephritis
- Class VI - Advanced sclerosing lupus nephritis

the final diagnosis must be confirmed by a certified doctor specialising in Rheumatology and Immunology

### 34. Aplastic Anaemia

- I. Irreversible persistent bone marrow failure which results in anaemia, neutropenia and thrombocytopenia requiring treatment with at least two (2) of the following:
  - Blood product transfusion;
  - Marrow stimulating agents;
  - Immunosuppressive agents; or
  - Bone marrow transplantation.
- II. The Diagnosis of aplastic anaemia must be confirmed by a bone marrow biopsy. Two out of the following three values should be present:
  - Absolute Neutrophil count of 500 per cubic millimetre or less;
  - Absolute Reticulocyte count of 20,000 per cubic millimetre or less; and
  - Platelet count of 20,000 per cubic millimetre or less.

### 35. Bacterial Meningitis

- I. Bacterial or viral infection resulting in severe inflammation of the membranes of the brain, brain substance (cerebral hemisphere, brainstem or cerebellum) or spinal cord, resulting in permanent inability to perform (whether aided or unaided) at least 3 of the following 6 "Activities of Daily Living" for a continuous period of at least 6 months.

#### Activities of Daily Living are:-

- **Washing:** the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means
- **Dressing:** the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances
- **Transferring:** the ability to move from a bed to an upright chair or wheelchair and vice versa
- **Mobility:** The ability to move indoors from room to room on level surfaces
- **Toileting:** the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene
- **Feeding:** the ability to feed self once food has been prepared and made available

### 36. Encephalitis

- I. Severe inflammation of brain substance (cerebral hemisphere, brainstem or cerebellum) caused by viral infection. A definite diagnosis must be certified by a consultant neurologist and causing permanent inability to perform (whether aided or unaided) at least 3 of the following 6 "Activities of Daily Living" for a continuous period of at least 6 months.
- II. Encephalitis caused by HIV infection is excluded.

#### Activities of Daily Living are:-

- **Washing:** the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means
- **Dressing:** the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances

- **Transferring:** the ability to move from a bed to an upright chair or wheelchair and vice versa
- **Mobility:** The ability to move indoors from room to room on level surfaces
- **Toileting:** the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene
- **Feeding:** the ability to feed self once food has been prepared and made available

### 37. Fulminant Viral Hepatitis

- A submassive to massive necrosis of the liver by the Hepatitis virus, leading precipitously to liver failure. The diagnosis must be supported by all of the following:
  - Rapid decreasing of liver size as confirmed by abdominal ultrasound;
  - Necrosis involving entire lobules, leaving only a collapsed reticular framework (histological evidence is required);
  - Rapid deterioration of liver function tests;
  - Deepening jaundice; and
  - Hepatic encephalopathy
- Hepatitis B infection or carrier status alone does not meet the diagnostic criteria.

### C. No benefits shall be payable under this Rider if a claim arises directly or indirectly due to any of the following conditions:

- Subject to provisions under section 45 of Insurance Act 1938, Pre-Existing Conditions or conditions connected to a Pre-Existing Condition will be excluded. Pre-Existing Condition is any condition, ailment or injury or related condition(s) for which the Life Assured had signs, or symptoms, and/ or were diagnosed, and / or for which received medical advice / treatment within 48 months to prior to the first policy issued by the Company will be excluded
- Deliberate or intentional failure to seek or follow medical advice,
- War or hostilities (whether war be declared or not), civil war, rebellion, revolution, civil unrest or riot wherein the policyholder is an active participant in such activities
- Participation in any armed force or peace keeping activities
- An act of any person acting on their own or on behalf of or in connection with any group or organization to influence by force any group, corporation or government by terrorism, kidnapping or attempted kidnapping, attack, assault, or any other violent means
- An intentional or self-inflicted act
- Drug-taking other than under the direction of a qualified medical practitioner, abuse of alcohol or the taking of poison
- HIV/AIDS
- Nuclear fusion, nuclear fission, nuclear waste or any radioactive or ionising radiation
- Deliberate participation of the Life assured in an illegal or criminal act

### D. Waiting Period

Waiting Period of 90-days shall be applicable under this Rider. No benefit shall be payable if signs or symptoms, or diagnosis of any Critical Illness listed above is first made within the aforesaid 90 days from policy commencement or reinstatement date, whichever is later.



## **E. Survival Period**

The Life Insured must survive for a period of 30 days post diagnosis of the Critical Illness to be eligible to avail the Rider Benefit.

## **F. Grace Period**

Grace period means the specified period of time immediately following the premium due date during which a payment can be made to continue a policy in force without loss of continuity benefits such as waiting periods and coverage of pre-existing diseases

There is grace period of 30 days for all premium payment modes except monthly. In case of monthly mode, the grace period is of 15 days. Grace Period is not applicable for Single Premium policies. Rider premium has to be paid along with the premium under the base plan. Hence grace period of the base plan shall apply on payment of rider premium as well.

## **G. Lapse**

- For Limited Pay Riders:
- For PPT less than 10 years: If premiums are discontinued anytime during the first 2 years, the rider benefit shall lapse at the end of the Grace Period. No benefit shall be payable under such circumstances
- For PPT greater than or equal to 10 years: If premiums are discontinued anytime during the first 3 years, the rider benefit shall lapse at the end of the Grace Period. No benefit shall be payable under such circumstances
- Single Pay Rider benefit shall not lapse once the Rider premium has been received by us
- Regular Pay Rider shall lapse if the due premium is not received within the Grace Period
- Further, if the Base Policy lapses, the Rider Benefits shall automatically lapse provided the rider has not acquired surrender value. If the rider has acquired surrender value, then such surrender value will be paid at the end of the revival period of base policy.

## **H. Revival**

Revival of this Rider can be done along with the Revival of the Base Policy. The Rider cannot be revived independently of the Base Policy. Revival will be based on Board Approved Underwriting Policy (BAUP). On payment of due premiums the rider will automatically be renewed with Base Policy.

## **I. Surrender**

- Surrender Value shall not be applicable under Regular Premium Rider
- Surrender Value shall be acquired under Limited Premium Rider, in case the policyholder has paid premium for a continuous period of :
  - 2 full years (for premium payment term of less than 10 years)
  - 3 full years (for premium payment term of 10 years or more)
- Surrender Value shall be acquired under Single Premium Rider once the premium has been received by us
- In case the Policyholder does not want to continue and wishes to surrender the Rider, the surrender benefit payable to the policyholder shall be as mentioned below:

| Premium Payment Option | Surrender Benefit Payable                                                                                                                                                     |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Regular Pay            | Not Applicable                                                                                                                                                                |
| Limited Pay            | 75% x Total Rider Premiums paid excluding first year premium(s) x ((Rider Benefit Term - Rider PPT) / Rider Benefit Term) x (Balance Rider Benefit Term / Rider Benefit Term) |
| Single Pay             | 75% x Rider Single Premium paid excluding first years premium(s) x ((Rider Benefit Term - 1) / Rider Benefit Term) x (Balance Rider Benefit Term / Rider Benefit Term)        |

## J. Reduced Paid Up

Only in case of Limited Premium Payment Rider, if any of the Rider Premiums are unpaid, provided the Rider has acquired Surrender Value, Rider can be converted into Reduced Paid Up. Rider will be made Reduced Paid Up only if the Base Policy is converted to Reduced Paid Up, subject to the terms and conditions of the Base Policy.

Rider Benefit will be based on Reduced Paid Up Rider Sum Assured, where Reduced Paid-Up Rider Sum Assured is:

Reduced Paid-Up Rider Sum Assured = (Total Rider Premiums paid / Total Rider Premiums payable x Rider Sum Assured

The Rider Sum Assured represents the balance Sum Assured at the time of Reduced Paid-Up in cases where the Life Insured undergoes Angioplasty and Critical Illness benefit is paid for the same.

In cases where the Rider Sum Assured is less than or equal to ₹ 5 Lacs and Life Insured undergoes Angioplasty after the policy becomes Reduced Paid-Up, Reduced Paid-Up Sum Assured shall be payable and the rider will be terminated.

In cases where the Rider Sum Assured is more than ₹ 5 Lacs and Life Insured undergoes Angioplasty after the policy becomes Reduced Paid-Up, the benefit payable will be ₹ 500,000 \* (Reduced Paid-up Rider Sum Assured) / Rider Sum Assured).

If a Reduced Paid-up policy is surrendered, the surrender value (if any) for Base Policy and Rider (if any) shall be calculated as per the Surrender Value mentioned under "Surrender" section

Single Premium Paying Rider shall be treated as fully paid-up. Regular Premium Paying Rider shall not be converted to Reduced paid-up and shall lapse if any of the Premiums are unpaid within the Grace Period.

## K. Availability

These riders are available under non-unit linked plans as specified in the corresponding product brochures and available to be distributed through Individual Agents, Corporate Agents, Brokers, IMF, Web Aggregators, Direct Marketing and Online Channel.

#### **L. Premium Guarantee**

The premium amount payable under this Rider shall be guaranteed for a period of 5 years from the Date of Risk Commencement of the Rider and may be revised every five years thereafter with prior approval from IRDAI. This is applicable only to Regular Premium Policies and Limited premium policies where premium paying term is not completed.

You shall be notified about the revised premiums at least 3 months prior to the date of such revision and the revised premium rates, post such change, if any, will be effective from the next Rider anniversary. If you are not agreeable to the revised premium rate, you may avail the option to either fully terminate the Rider or continue the Rider with the original premium, with revised Rider Sum Assured. If we do not receive such option from you or the revised/differential premium (as the case may be), before the expiry of Grace Period, the following consequences shall follow:

a. In case of Regular Premium: The Rider shall lapse on the expiry of Grace Period

b. In case of Limited Premium during the premium payment term: The Rider shall continue with Revised Sum Assured on the expiry of Grace Period. The Revised Rider Sum Assured shall be calculated as  $\text{Rider Sum Assured} \times \left[ \frac{\text{Total premium payable based on Original premium at inception}}{(\text{Premiums paid till date of review} + \text{Total premiums payable after review based on new premium})} \right]$

The premiums mentioned above are inclusive of modal factor and extra premium if any and exclusive of Goods & Services Tax & Cess, if applicable. Premium rates, if and when revised, shall be guaranteed for a subsequent period of five (05) years.

#### **M. Alteration**

- Rider can be attached to the Base Plan at inception or at any policy anniversary of the Base Plan as per Board Approved Underwriting Policy and the Rider Terms and Conditions
- Rider shall automatically get surrendered if the Base Plan is surrendered and Surrender Value, if any shall be payable
- Increase/Decrease in Rider Sum Assured shall not be allowed
- Rider can be detached anytime during the Rider Benefit Term and will be effective from the next rider premium due date
- However, if the rider is opted earlier and then detached during the Rider Benefit Term, the policyholder will not be able to opt for the Rider again under the same Base Policy. On detachment of the rider, Surrender Value, if any, will be paid and the Rider Benefit will terminate
- Minor Alterations such as change in Name/ Address/ Phone No. change shall be allowed anytime
- Other Alterations are allowed only on policy anniversary. Premium Frequency & Mode change may be allowed as per Base Policy

#### **N. Nomination**

Nomination shall be allowed as per the provisions of Section 39 of the Insurance Act, 1938 as amended from time to time. The Nomination as per the Base Policy shall be applicable for the Rider.

#### **O. Assignment**

Assignment shall be allowed as per the provisions of Section 38 of the Insurance Act, 1938 as amended from time to time. The Assignment as per the Base Policy shall be applicable for the Rider.

#### **P. Free-Look Period**

The policyholder is offered 15 days free look period for a Rider sold through all channels (except for Distance Marketing<sup>^</sup> Channel which shall have 30 Days) from the date of receipt of the Rider policy wherein the policyholder may choose to return the policy, stating the reasons thereof within 15 days / 30 days of receipt if s/he is not agreeable with any of the terms and conditions of the Rider. The cancellation request should be submitted to the nearest Kotak Life Insurance Branch or sent directly to the Company. Should s/he choose to return the Rider policy, s/he shall be entitled to a refund of the premium paid after adjustment for the expenses of medical examination, stamp duty and proportionate risk premium for the period of cover. Rider Benefits once cancelled shall not be revived, reinstated or restored at any point of time and a new proposal will have to be made for a new Policy.

If the Policy has been opted through Insurance Repository (IR), the free look period shall be as per the IRDAI guidelines applicable to e-issuance of insurance policies.

<sup>^</sup>Distance Marketing includes every activity of solicitation (including lead generation) and sale of insurance products through the following modes: (i) Voice mode, which includes telephone calling (ii) Short Messaging service (SMS) (iii) Electronic mode which includes e-mail, internet and interactive television (DTH) (iv) Physical mode which includes direct postal mail and newspaper & magazine inserts and (v) Solicitation through any means of communication other than in person.

#### **Q. Goods and Services Tax and Cess**

Goods and Services Tax and Cess shall be levied on Rider premium as per the prevailing tax laws and/or any other laws. In case of any statutory levies, cess, duties etc., as may be levied by the Government of India from time to time, the Company reserves its right to recover such statutory charges from the policyholder(s) either by increasing the premium and / or by reducing the benefits payable under the rider. Service Tax shall be levied over and above premium amount shown here as per applicable tax laws.

Extract of Section 41 of the Insurance Act, 1938 as amended from time to time states:

No person shall allow or offer to allow, either directly or indirectly, as an inducement to any person to take or renew or continue an insurance in respect of any kind of risk relating to lives or property in India, any rebate of the whole or part of the commission payable or any rebate of the premium shown on the policy, nor shall any person taking out or renewing or continuing a policy accept any rebate, except such rebate as may be allowed in accordance with the published prospectuses or tables of the insurer.

Any person making default in complying with the provisions of this section shall be punishable with fine which may extend to ten lakhs rupees.

## About Us

**Kotak Mahindra Life Insurance Company Ltd.** is a 100% owned subsidiary of Kotak Mahindra Bank Ltd. (Kotak) which provides insurance products with high customer empathy. Its product suite leverages the combined prowess of protection and long term savings. Kotak Life Insurance is one of the growing insurance companies in India and has covered over several million lives.

For more information, please visit the company's website at [www.kotaklife.com](http://www.kotaklife.com)

### Kotak Mahindra Group

Kotak Mahindra Group is one of India's leading banking and financial services organizations, offering a wide range of financial services that encompass every sphere of life. From commercial banking, to stock broking, mutual funds, life insurance and investment banking, the Group caters to the diverse financial needs of individuals and the corporate sector.

For more information, please visit the company's website at [www.kotak.com](http://www.kotak.com)

#### BEWARE OF SPURIOUS PHONE CALLS AND FICTITIOUS/FRAUDULENT OFFERS

IRDAI is not involved in activities like selling insurance policies, announcing bonus or investment of premiums. Public receiving such phone calls are requested to lodge a police complaint.



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 *Hum hain... hamesha*

Kotak Critical Illness Plus Benefit Rider - UIN: 107B020V01, Form No: B020, Ref. No.: KLI/19-20/E-EB/300.

Please refer to the Policy Document for specific details on all terms and conditions.

**Kotak Mahindra Life Insurance Company Ltd.** Regn. No.:107; CIN: U66030MH2000PLC128503. Regd. Office: 2nd Floor, Plot # C - 12, G - Block, BKC, Bandra (E), Mumbai - 400 051. Website: [http:// kotaklife.com/](http://kotaklife.com/); WhatsApp: 9321003007; Toll Free No:1800-209-8800.

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